


Introduction To Hypnosis

www.HypnoticWEALTH.info

By Dr. James C. Todd, HypnoticWEALTH™ Founder

What Is Hypnosis?

Hypnosis has been skewed in today's society through myths, the media, and popular misconceptions. Oftentimes when we think of hypnosis, we think of the old black and white films where the hypnotist waves a pendulum and puts his subjects into a zombie-like state. We have to understand that those pictures are just an artist's portrayal of something he didn't understand. Hypnosis is nothing like what most people think it is. Today I'm going to put this in a way that most people can understand easily. Although hypnosis is a very complex subject, here's how I can explain it in the easiest way possible:

To understand hypnosis, you must understand how the mind is made up. Each and every person has a conscious and sub-conscious mind. The conscious mind is often referred to as the "Critical Factor." Information is given to you every second of every day. Your conscious mind chooses what information to accept or reject. Accepted information is passed on to your sub-conscious mind for storage. Your sub-conscious is like a computer. It only accepts the information it is given. It accepts and carries out commands given to it.

Hypnosis breaks down the barrier created by your "critical factor" or conscious mind, and lets the hypnotist(or in this case the recording) speak directly to your sub-conscious mind. It then accepts the information it is given, and produces the desired outcomes in your life. That's basically the "cliffs notes" version of hypnosis.

How Will It Help You?

By speaking directly to your sub-conscious mind, I can reprogram your mind for success and abundance. I can program your mind to think exactly like a billionaire. In the book "Think and Grow Rich," Napoleon Hill explains that every achievement begins in thought. This hypnotherapy session is designed to give you the thoughts you need to succeed!

What Can You Expect?

My hypnotherapy session is designed to give you many things. You should expect a more self-confident, goal-oriented, prosperous, creative, productive, friendly you. You'll feel more confident in speaking with people. You'll be more productive with your days, forgetting procrastination for good. You'll be able to come up with creative ideas and ways to solve the challenges you encounter. You'll be comfortable speaking to a large audience, feeling friendliness and comfort where fear may have once held you back. And most of all, you'll be prosperous. You'll always attract abundance into your life.

So now I know you're ready to start your hypnotherapy session. Follow these few instructions, and enjoy your session!

How to benefit most from your session:

*Find a quiet, comfortable spot, away from any distractions

*Test the volume, it should be at a comfortable volume. Adjust the volume as if I'm sitting next to you and speaking to you.

Need Help?

If you experience any problems, please don't hesitate contacting me. I'm always here to help you achieve success!

Phone: 1.415.335.7076

Email: Go to the Extra Access Website and find the "Email" link. Use the form provided.

Enjoy your session!

Dr. James C. Todd
HypnoticWEALTH™ Founder